Healthy food is the best medicine

The United States spends billions of dollars to treat diet-related, chronic illnesses

Hospitals can leverage their purchasing power to increase the availability of local, sustainable foods

As part of their mission of healing, hospitals can model healthier eating behavior

HH Healthier Foods challenge areas

The HH Healthier Foods Challenge has two areas of focus:

- Less Meat, Better Meat
- Local and Sustainable Foods

Why commit to Less Meat, Better Meat?

80% of all antibiotics consumed in the United States is fed to livestock.

2 MILLION:
The number of annual illnesses that antibiotic-resistant, resulting from consumption of animals that were regularly treated with antibiotics.

Why commit to Local & Sustainable Foods?

Buying local, sustainable foods shifts the food system in a more sustainable direction, improves the health of patients, staff and visitors, and is an investment in the well-being of communities and the environment.